

- 10. Selective reabsorption (of some substances) occurs in to interstitial fluid / capillary network surrounding the tubules /
- 11. In the proximal convoluted tubule, (Selective) reabsorption of sodium ions/Na+, glucose, and amino acids (Any 2)
- 12. occurs actively/by active transport (into the interstitial fluid:)
- 13. Reabsorption of potassium ions/K+ and most of the bicarbonate ions/HCO3- occur passively/by passive transport (into the interstitial fluid.)
- 14. (As solutes move from filtrate to interstitial fluid) major portion of water is reabsorbed in the proximal convoluted tubule passively / by osmosis
- 15. and filtrate becomes more concentrated.
- 16. Secretion of hydrogen ions/H+ occurs actively/by active transport,"
- 17. ammonia/NH3 by passive transport / passively and
- 18. metabolites of drugs and toxins actively /
- 19. by active transport.
- 20. In the descending limb of loop of Henle, resorption of water occurs passively / by osmosis.
- 21. In the ascending limb of the loop of Henle, reabsorption of sodium ions/
- 22. Na+ occur passively and (mainly) actively without water reabsorption and therefore,
- 23. the filtrate becomes diluted (as it moves towards distal convoluted tubule).
- 24. In the distal convoluted tubule, passive reabsorption of water (can) occurs /
- 25. is increased due to ADH and
- 26. reabsorption of sodium ions/
- 27. Na+ and secretion of potassium ions/
- 28. K+ (can) occur/ is increased due the action of aldosterone.
- 29. (Controlled) secretion of H+ and reabsorption of bicarbonate ions/HCO3-
- 30. in the distal convoluted tubule."
- 31. Final processing of the filtrate at the collecting duct forms urine.
- 32. In the collecting duct filtrate becomes/can be (more) concentrated
- 33. due to increased water reabsorption
- 34. due to the action of ADH
- 35. Reabsorption of sodium ions /Na+
- 36. and secretion of potassium ions/K+
- 37. can be increased due the action of aldosterone in the collecting duct."

Any 34x4 = 136 MarksFully Labelled diagram = 14 Marks Total 150 Marks.





- B (i) Removal of nitrogenous metabolite and other metabolic waste products from the body. (ii) Nephron (iii) (a) Cortical nephrons and juxtamedullary nephrons (b) Wall of glomerular capillary wall/Inner wall of Bowmans capsule. (iv) NH<sub>3</sub> (v) HCO<sub>3</sub>-/Cl-/K<sup>+</sup> (v) PCT
- C (i) Osmoregulation is processes by which organisms control solute concentrations and water balance within the body. (ii) Maintaining constant internal environment/Preventing cell swelling/bursting from excess water/ Removing toxic wastes/Regulating acid-base balance/Survival requires effective body functioning (iii) Carbohydrates → CO2 + water in aerobic conditions, lactic acid in anaerobic/Fats → CO2 + water/ Proteins/nucleic acids → ammonia/urea/uric acid/Products vary based on chemical structure, enzymes, oxygen availability (iv) Terrestrial animals excrete urea (less toxic, moderate water needed)/Birds/reptiles excrete uric acid (least toxic, minimal water needed) (v) Ammonia: Bony fish, aquatic invertebrates, tadpoles/Urea: Mammals, adult amphibians, sharks/Uric acid: Birds, reptiles, land snails, insects

#### AL 2016

- 1. (a) Describe the location of the human kidney.
  - (b) Briefly describe the microscopic structure of a typical human nephron.
  - (c) Briefly explain how human kidney regulates blood osmotic pressure.

#### AL 2022

2. Describe the process of formation of urine in man.

#### Answer/AL 2016

- 1. (a) Describe the location of the human kidney.
  - . In the abdominal cavity,
  - 2. close to posterior wall,
  - 3. below the diaphragm.
  - 4. retro-peritoneal (cavity)
  - 5. on either side of the vertebral column,
  - 6. between thoracic and lumber vertebrae.
  - 7. Left kidney slightly above the right kidney.

#### (b) Briefly describe the microscopic structure of a typical human nephron.

- 8. Tubule closed at one end and opened at other end.
- 9. Single layered.

#### Consists of

- 10. Bowman's capsule
- 11. Proximal convoluted tubule
- 12. Descending limb of loop of Henle
- 13. Ascending limb of loop of Henle
- 14. Distal convoluted tubule
- 15. Bowman's capsule is cup shaped and
- 16. consists of inner wall
- 17. made up of Specialized cells/ Podocytes and
- 18. outer wall
- 19. made up of squamous epithelial cells and 20. capsular space.
- 21. Proximal convoluted tubule is (Irregularly) coiled;
- 22. Made up of cuboidal epithelial cells
- 23. with (many) microvilli/ projection/ brush boarder 24. facing the lumen.
- 25. Descending limb of loop of Henle are straight.
- 26. Made up of squamous epithelial cells.
- 27. Ascending limb of loop of Henle is straight;
- 28. Made up of cuboidal epithelial cells
- 29. Distal convoluted tubule is (Irregularly) coiled;
- 30. Made up of cuboidal epithelial cells
- 31. with (few) microvilli/ projection/ brush boarder 32. facing the lumen.

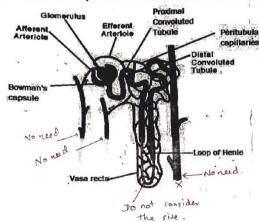
#### (c) Briefly explain how human kidney regulates blood osmotic pressure.

- 33. When osmotic pressure is increased
- 34. it is sensed by Osmoreceptors
- 35. in the Hypothalamus
- 36. which stimulates posterior pituitary

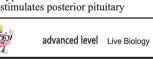
- 37. to release ADH.
- 38. ADH acts on Distal convoluted tubule and
- 39. collecting duct
- 40. making them permeable to water;
- 41. Results in reabsorption of water
- 42. producing hypertonic/concentrated urine.
- 43. Osmotic pressure restored to normal level.
- 44. Mechanism stops/negative feed back mechanism.
- 45. When osmotic pressure falls
- 46. no stimulations of osmo-receptors.
- 47. No release/of ADH;
- 48. No reabsorption of water in
- 49. distal convoluted tubule and
- 50. collecting duct;
- 51. Produce hypotonic/ dilute urine
- 52. Osmotic pressure restored to normal level. Any  $50 \times 03 = 150 \text{ marks}$

#### Answer/AL 2022

Describe the process of formation of urine in man.

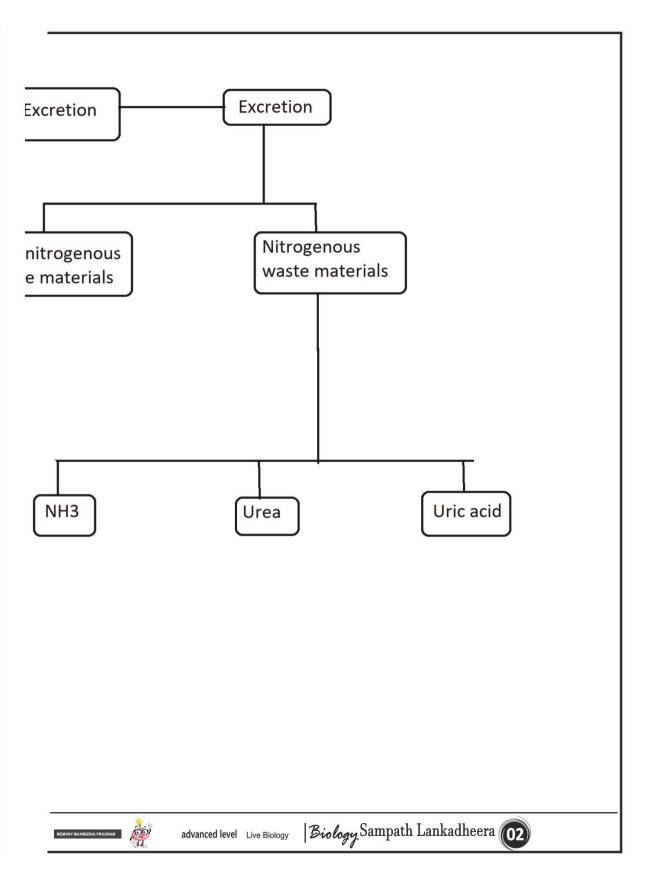


- 1. Nephrons and associated blood vessels (in the human kidney) are involved in urine production (through three main activities namely),
- Ultrafiltration
- 3. Selective reabsorption and
- Secretion.
- (When blood passes) through the capillary walls of glomerulus and inner wall of Bowman's capsule,
- blood is filtered under high pressure into the cavity of the
- Bowman's capsule retaining blood cells, platelets and large molecules/plasma proteins in the blood.
- 8. Filtrate in the Bowman's capsule contains water, ions. amino acids, glucose, vitamins, nitrogenous waste and
- other small molecules (any three substances taken as one









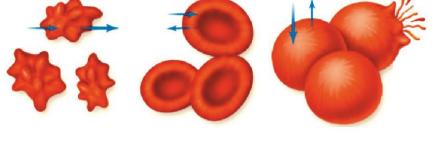
Osn	noregulation and excretion	
Simple unicellular organisms such contractile vacuoles for osmoregulation. The chemical of waste products, often toxic, wh nitrogenous metabolite and other tion.  involves the removal of	lation. But animals have dev reactions that occur in organich must be disposed in some metabolic waste products from is not considered under from from from the from the first product of the fir	etc. use eloped different structures aisms result in the formation e way. The removal of the m the body is called excreas it m the gut. In many animals
cilia contractile vacuole cytoproct cytostome	ectoplasm endoplasm contractile vacuole	endoplasm ectoplasm contractile vacuole
Paramecium	Amoeba	Euglena
Importance and need of osmore For effective body functioning and	d survival, animals have to me pecially the	

	(b) Name two ions that are passively reabsorbed from the human nephron.
1	(v) What is the site of obligatory reabsorption of water in the nephron?
<b>C</b> . (	(i) What is osmoregulation?
	(ii) What is the importance of osmoregulation and excretion?
	(iii) What is the relationship between metabolic substrates and excretory products?
	(iv) What is the relationship between nitrogenous excretory products and environment?
	(v) Give examples of organisms secreting different nitrogenous wastes?
	Structured Essay answers
) D	i) Removal of nitrogenous metabolite and other metabolic waste products from the body. efecation removes undigested food from gut, while excretion removes metabolic wastes. Urine and CO2(iv) Birds, reptiles, land snails and insects. (v) Nephridia (vi) Living environment/Habitat, ability of enzymes.
(i) l w d ) M ontr nin ceric	Located on posterior abdominal wall, one on either side of vertebral column, behind peritoneum and be- iaphragm. Right kidney is slightly lower than left. Iaintaining solute concentrations and water balance/Regulating blood pH through acid-base balance/ colling blood volume and blood pressure/Secretion of erythropoietin hormone/Production and secretion of (iii) High blood pressure is achieved because the efferent arteriole has a smaller diameter than the afferent cole, creating increased pressure in the glomerulus for ultrafiltration. (iv) ADH acts on distal convoluted es and collecting ducts, increasing water reabsorption. (iv) ADH acts on distal convoluted tubules and cting ducts. (v) Increased blood osmotic pressure stimulates ADH release.
(i) I w d d d d d d d d d d d d d d d d d d	iaphragm. Right kidney is slightly lower than left.  (aintaining solute concentrations and water balance/Regulating blood pH through acid-base balance/ colling blood volume and blood pressure/Secretion of erythropoietin hormone/Production and secretion of (iii) High blood pressure is achieved because the efferent arteriole has a smaller diameter than the afferent cole, creating increased pressure in the glomerulus for ultrafiltration. (iv) ADH acts on distal convoluted es and collecting ducts, increasing water reabsorption. (iv) ADH acts on distal convoluted tubules and





	Why is it necessary to drink water frequently to reduce the risk of developing stones in the kidney?
A) (i)	What is excretion? Why is it essential for life?
	Name the basic structural unit of excretion of each of the following groups.  nelida
Pla	tyhelminthes
Ma	mmalia
(iii)	State two advantage of producing ammonia as an excretory product.
(iv)	State two advantages of producing urea as an excretory product.
••••	
	Name the parts in human nephron where bicarbonate inos are reabsorbed.
	State two ions secreted by a human nephron.
(vii	) State four functions of human kidney other than excretion.
••••	
) (i) '	What is excretion?
(11)	Name an invertebrate excretory structure which is in close contact with blood vessels.
(iii)	(a) Name the two types of human nephrons.
••••	
	Through what cellular layers should fluid pass from glomerulus to enter into proximal convolule of human nephron?



Animals have to get rid of ...... products produced during metabolism in order to safeguard the ...... of their ..... environment. Otherwise these excretory end products become toxic to the body cells. For example protein and nucleic acids are broken down within the body cells during metabolism and the amine group is converted to ...... which is highly toxic. Ammonia also acts as a ...... ...... Oxidation of glucose during metabolism will release ...... which forms a weak ...... Accumulation of such weak acids and bases will alter the acid base balance in the internal environment. Changes in acid base balance will lead to adverse effects such as ...... of ...... Therefore removal of excretory products from the body is essential to maintain the internal environment within favorable limits for effective body functioning and survival.



Relationship between metabolic substrates and excretory products
Metabolic substrates in the cells are,, and
The excretory products of these substrates will vary depending
on several factors such as the chemical structure and the composition, availability of en-
zymes. oxygen availability and the habitat in which they live.
If carbohydrates are metabolized within the body cells when is available final
excretory end products are and If they are subjected to
anaerobic respiration in general is produced.
When fats are subjected to aerobic metabolism final excretory products are CO2 and water.
Since proteins contain groups in their structure, during metabolism of
excess amino acids is produced. Since nucleic acids contain nitroge-
nous bases ammonia is produced as an excretory product during their metabolism. Depend-
ing on the
ammonia will be further converted to other nitrogenous waste products such as
a and uric acid.

nced level	Live Biology	Biology Sampath Lanka
		. ,



# Structured Essay

1. A.	(i) What is meant by excretion?
	(ii) How does defecation differ from excretion?
•	(iii) State the two main excretory products of man.
•	(iv) Name the main animal groups that excrete nitrogenous waste as solids.
	(v) What are the excretory organs of a leech?
	(vi) State two main factors which determine the nature of excretory products of an animal.
В.	(i) State the location of the human kidneys.
	(ii) Stare <b>three</b> functions of the human kidney other than urine production.
	(iii) A high renal blood pressure is required for ultrafiltration. How is this high blood pressure brought about in the human kidney?
	(iv) Where does ADH act on the human nephron?
	(v) What is the stimulus for the release of ADH from the posterior pituitary?
C.	(i)What is meant by obligatory resorption of water <i>in</i> the human nephron?
	(ii) Where does the obligatory resorption of water take place n the human nephron?
	(iii) Name <b>three</b> ions secreted by the human nephron.







- 23. The formation of urea in humans occurs when:
- (1) Amino acids are broken down in liver cells (2) CO2 is produced during respiration
- (3) Glucose is metabolized anaerobically (4) Proteins are digested in the stomach (5) Fat is broken down in adipose tissue
- 24. What makes ammonia unsuitable as an excretory product for terrestrial animals?
- (1) High energy cost of production (2) High water requirement for excretion (3) Low toxicity level
- (4) Complex chemical structure (5) Slow rate of production
- 25. In the glomerulus, filtration occurs due to:
- (1) Active transport of solutes (2) Smaller efferent arteriole diameter (3) Hormonal regulation
- (4) Selective membrane permeability (5) Osmotic pressure difference
- 26. The Loop of Henle functions primarily to:
- (1) Allow passive water reabsorption in Ascending limb and prevent it in descending limb (2) Actively transport all ions in both limbs (3) Active secretion of K+ ions (4) Allow Active water reabsorption in descending limb and prevent it in ascending limb
- (5) Allow passive water reabsorption in descending limb and prevent it in ascending limb
- 27. ADH release is triggered by:
- (1) High blood osmotic pressure (2) Low blood pressure (3) High urine concentration
- (4) Dehydration of collecting ducts (5) Increased kidney filtration
- 28. Aldosterone's main function is:
- (1) K+ absorption from filtrate (2) Decreasing blood pressure (3) Stimulating ADH release
- (4) Inhibiting renin secretion
- (5) Increasing Na+ and water reabsorption while promoting K+ excretion Reducing water reabsorption
- 29. The renin-angiotensin system is activated by:
- (1) Decreased blood pressure or volume (2) Increased osmotic pressure (3) High sodium concentration
- (4) Excess water retention (5) Elevated potassium levels

(5) Blood  $\rightarrow$  afferent arteriole  $\rightarrow$  efferent arteriole

- 30. Which sequence correctly represents glomerular filtration?
- (1) Blood  $\rightarrow$  efferent arteriole  $\rightarrow$  glomerulus → Bowman's capsule (2) Blood  $\rightarrow$  afferent arteriole  $\rightarrow$  glomerulus → Bowman's capsule (3) Blood  $\rightarrow$  Bowman's capsule  $\rightarrow$  glomerulus → efferent arteriole → efferent arteriole (4) Blood  $\rightarrow$  glomerulus → Bowman's capsule

(1) 3	(2) ABD	(3) ABD	(4) ABE	(5) 1	(6) 5	(7) AB	(8) 3	(9) 4	(10) 5
(11) 4	(12) 5	(13) 3	(14) AB	(15) 2	(16) 2	(17) 4	(18) 3	(19) 4	(20) 5
(21) 5	(22) 2	(23) 1	(24) 2	(25) 2	(26) 5	(27) 1	(28) 5	(29) 1	(30) 2

(1) 3	(2) ABD	(3) ABD	(4) ABE	(5) 1	(6) 5	(7) AB	(8) 3	(9) 4	(10) 5
(11) 4	(12) 5	(13) 3	(14) AB	(15) 2	(16) 2	(17) 4	(18) 3	(19) 4	(20) 5
(21) 5	(22) 2	(23) 1	(24) 2	(25) 2	(26) 5	(27) 1	(28) 5	(29) 1	(30) 2

Nitrogenous excretory products of animals are, and
Since ammonia is highly toxic, a large volume of is needed to
Terrestrial animals do not have access to sufficient water to excrete ammonia as the main excretory product. Instead most terrestrial animals such as mammals and adult amphibians mainly excrete urea as the main nitrogenous excretory product. Urea is less toxic. However animals must expend more energy to produce urea from ammonia. Some marine fishes such as

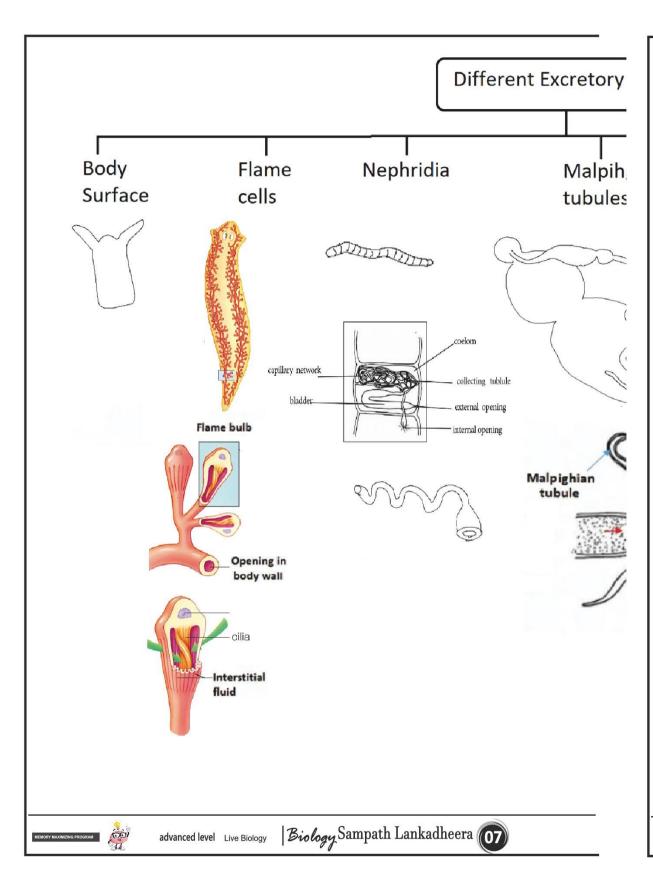
Relationship between the nitrogenous excretory products and living environment





 $\rightarrow$  glomerulus





13. Which one of the following statements regarding excretion is incorrect?

(1) Bilirubin is considered as an excretory product.

(2) In all animals, the first nitrogenous excretory product is ammonia.

(3) With reference to carbon loss from the body, production of uric acid is disadvantageous.

(4) In man, main site of urea production is the kidney.

(5) Nephridia open both to inside and outside of the body.

(AL/2014)

Which of the following statements regarding human nephron is/are incorrect?

(A) Water re-absorption can occur at proximal convoluted tubule, ascending limb of loop of Henle and distal convoluted tubule.

(B) Urea is actively reabsorbed in the proximal convoluted tubule.

(C) Juxtamedullary nephrons have long loops of Henle. (D) Na<sup>+</sup> re-absorption always occurs actively.

(E) It helps in maintaining blood volume.

(AL/2014)

Question No. 15 is based on the following ions.

(a) Na<sup>+</sup> (b) C1 (c) HCO<sub>3</sub> (e) H

15. Which of the above ions are reabsorbed the distal convoluted tubule of the human nephron?

(1) (a) and (c) only. (2) (a), (b) and (c) only (4) (c), (d) and (e) only. (5) (a), (b) and (e) only.

(3) (b) and (c) only.

(AL/2015)

16. Select the incorrect statement regarding excretion.

(1) If excretion does not occur blood pH may change. (2) Defecation is a form of excretion.

(3) Bile pigments are an excretory product in man.

(4) Carbon loss is highest when uric acid is produced as nitrogenous excretory product.

(5) Production of ammonia as an excretory product does not require energy. (AL 2016/20)

17. Which of the following responses correctly indicates the main nitrogenous excretory product of the given animal group?

Animal group Main nitrogenous excretory product

(1) Mammals Uric acid (2) Birds Urea (3) Frogs Uric acid (4) Sharks Urea

(5) Insects Ammonia (AL 2019/23)

Select the correct combination regarding excretory structures in animals.

(1) Nephridia — Platyhelminthes (2) Malphigian tubules — Annelids (3) Green glands — Crustaceans (AL 2020/Old/20)

(4) Sweat glands — Reptiles

(5) Salt glands — Insects

19. Which of the following excretory structures of animals opens into digestive tract? (1) Green glands (2) Salt glands (3) Flame cells (4) Malpighian tubles (5) Nephridia (AL 2020/24)

20. Excretory structures of crustaceans, annelids and flat worms are respectively

(1) green glands, body surface and flame cells. (2) salt glands, body surface and nephridia.

(3) green glands, nephridia and body surface.

(4) salt glands, flame cells and nephridia.

(5) green glands, nephridia and flame cells.

(AL 2021/23)

20. Select the correct statement/statements regarding nitrogenous excretory products of animals

(A) Secretion of ammonia occurs in production human nephrons.

(B) Energy cost for urea production is less than that of ammonia

(C) Uric acid is the main nitrogenous excretory product of land snails.

(D) Sharks excrete urea as the main nitrogenous excretory, product.

(E) Urea is less toxic than uric acid.

(AL 2023/45)

21. The process of osmoregulation is essential for organisms because:

(1) It prevents cell death through water imbalance (2) It maintains internal solute concentrations

(3) It controls water balance in body fluids (4) It ensures survival in different environments

(5) All of the above

22. Which statement about excretion is incorrect?

(1) It involves removal of metabolic wastes (2) It includes removal of undigested food

(3) It removes toxic products from metabolism (4) It helps maintain homeostasis

(5) It involves specialized organs









#### **MCOs**

- 1. In a nephron of a normal healthy person.
  - (1) Ultra filtration taken place in the proximal convoluted tubule
  - (2) Sodium ions are completely reabsorbed before the filtrate reaches the distal convoluted tubule
  - (3) All glucose in the filtrate is reabsorbed from proximal convoluted tubule.
  - (4) Permeability of water at descending limb of the Henle loop is increased due to ADH
  - (5) Re-absorption of sodium salts in the filtrate is completed in the ascending limb of the Henle loop

(AL 2000)

- Which of the following statements is/are correct regarding human nephron?
  - (A) It is involved in the regulation of blood glucose level.
  - (B) Obligatory resorption of water occurs in the proximal convoluted tubule.
  - (C) Active resorption of Na<sup>+</sup> occurs in the descending limb of loop of Henle.
  - (D) Resorption of Cl<sup>-</sup> occurs in the proximal convoluted tubule
  - (E) ADH acts on the ascending limb of loop of Henle.

(AL/2003)

- 3. Which of the following statement/statements is/are true regarding human kidney?
  - (A) It is involved in the production of red blood cells. (B) It regulates the pH of blood.
  - (C) Its tubules secrete glucose. (D) It is the major osmoregulatory organ of tile body.
  - (E) It synthesizes urea.

(AL/2005)

- Which of the following statements is/are correct regarding human nephron?
- (A) Several nephrons open into a single collecting duct. (B) ADH acts on the distal convoluted tubule.
- (C) Obligatory resorption of water occurs at proximal and distal convoluted tubules.
- (D) Na<sup>+</sup> is actively resorbed from all main parts of the nephron.
- (E) Ultrafiltration occurs in the Bowman's capsule.

(AL/2007)

- A damage to which part of the human nephron given below is most likely to produce glucose positive urine?
  - (1) Proximal convoluted tubule (2) Descending limb of loop of Henle.
  - (3) Loop of Henle (4) Ascending limb of loop Henle (5) Distal convoluted tubule. (AL/2008)
- 6. Select the incorrect statement regarding the proximal convoluted tubule of human nephron.
  - (1) It is connected to the Bowman's capsule.
- (2) Its lumen is lined with cuboidal epithelium. (4) It actively reabsorbs Na
- (3) It is the site of obligatory re-absorption of water.
- (5) It secretes K<sup>+</sup>.
- (AL/2009)
- Which of the following cannot be present in the glomerular filtrate of a normal healthy adult person?
- (A) Albumin (B) Platelets
  - (C) glucose
- (D) Amino acids
- (E) Vitamins

- What is the main function of the Loop of Henle in the human nephron's descending and ascending limbs?
  - (1) Both limbs actively transport sodium ions (2) Both limbs are impermeable to water movement
  - (3) Descending limb allows water reabsorption while ascending limb is impermeable to water
  - (4) Ascending limb allows water reabsorption while descending limb is impermeable to water
  - (5) Both limbs allow free water movement
- 9. Which of the following statements regarding excretion is incorrect?
  - (1) It is an essential process for life.
  - (2) Production of ammonia as an excretory product does not require energy,
  - (3) Carbon loss is high when uric acid is produced as an excretory product.
  - (4) First product of nitrogenous excretion in mammal is urea.
  - (5) water conservation is highest when uric acid is produced as an excretory product.

(AL/2012)

- 10. Which one of the following is not an end- produce of nitrogenous excretion?
  - (1) Ammonia
    - (2) Urea (3) Creatinine (4) Uric acid
- (5) Bile pigments
- (AL/2012)
- 11. Which one of the following statements regarding the end products of nitrogenous excretion is correct?
  - (1) Urea is the least toxic nitrogenous waste product in vertebrates.
  - (2) Excretion of urea requires a large amount of water due to its high solubility.
  - (3) Due to excretion of urea, loss of carbon from body is high.
  - (4) Main nitrogenous excretory product of aquatic birds is uric acid. (5) Creatine is a nitrogenous excretory product of mammals.

(AL/2013)

- 12. If proteins are present in the urine of a person, which of the following structures could have been dam-
  - (1) Bowman's capsule
- (2) Proximal convoluted tubule (3) Descending limb of loop of Henle.

- (4) Ascending limb of loop of Henle
- (5) Glomerulus

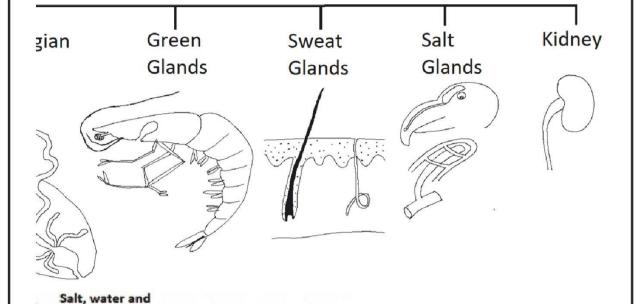
(AL/2013)



advanced level Live Biology Biology Sampath Lankadheera 27



# Structures



Feces and urine

Rectum

HEMOLYMPH



nitrogenous wastes





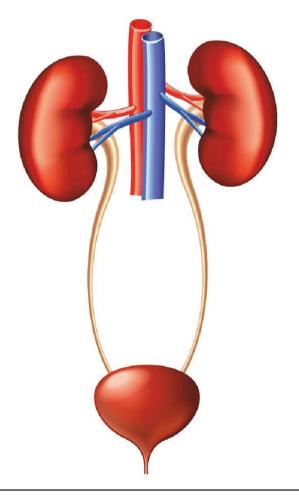
Some terrestrial animals such as ....., many ....., and ..... excrete uric acid as the main excretory product. Uric acid is relatively non-toxic and generally insoluble in water. Therefore it is excreted as a ...... with trace amount of water. However uric acid production from ammonia requires more energy than urea production

# **Kidney**

These are the major excretory and osmoregulatory organs of all vertebrates.

# **Human Urinary System**

Human urinary system consists of two kidneys, two ureters, urinary bladder and urethral Their main functions are given in the following table;



- 2. Usage of low quality utensils for preparation of foods. 3. High Flouride (F) levels in water.
- 4. Exposure to pesticides.
- 5. Genetic factors.
- 6. Malnutrition and dehydration.

#### PRACTICAL NO. 27

Explaining the major types of excretory structures in animals using diagrams and charts

#### **Objectives**

- Students should be able to
- describe the structure and location of a body surface, contractile vacuoles, flame cells, nephridium, malphigian tubules, green glands, sweat glands and salt glands,
- explain the structure of human kidney, ureters, bladder, urethra and their locations,
- explain the gross internal structure of human kidney,
- draw and label diagrams of observed structures.

# Materials and equipment

- Diagrams/charts/ slides of body surface as excretory surface, contractile vacuoles, flame cells, nephridium, malphigian tubules, green glands, sweat glands and salt glands
- Charts/models of human excretory system and slides of L.S of mammalian kidney to study the gross internal structure, diagram of nephron
- Light microscopes

#### Instructions

- Allow students to examine body surface as excretory surface, contractile vacuoles, flame cells, nephridium, malphigian tubules, green glands, sweat glands and salt glands using diagrams/charts.
- Instruct students to observe the kidney, ureters, urinary bladder and urethra of man using diagrams/models/ specimens/ slides.
- Make them to observe L.S of kidney under a light microscope and recognize cortex, medulla, distribution of nephrons and parts of a nephron
- Instruct them to draw and label line diagrams of observed structures.



- High blood pressure
- Having family history
- Getting older

# Chronic kidney disease (CKD)

It is a condition of gradual loss of kidney function over time. There are many reasons for Kidney failure:

#### **Prevent CKD**

- Follow a low salt, low fat diet
- Doing proper exercise
- Having regular check ups
- Prevent smoking

#### **Dialysis**

Dialysis is done for the patients with kidney failure. It is a process of removing excretory products, excess solutes and toxins from the blood by an artificial method.

## Chronic kidney disease of unknown/uncertain etiology (CKDu) in Sri Lanka

- It is a condition of gradual loss of kidney function over time. The root cause of CKDu has not been definitively established yet—hence it is referred to as 'Chronic kidney disease of unknown/uncertain etiology". However it is a different form of chronic kidney disease (CKD), which is associated with conventional risk factors such as diabetes and high blood pressure, genetic disorders and urinary tract problems
- The onset of the disease appears to be asymptomatic, and by the time the patient seeks treatment the kidneys have reached a stage of irreversible damage -end stage renal disease (ESRD).
- In Sri Lanka, initially CKDu was prevalent among rural communities in North Central province (Medawachchiya, Kabithigollawa, Padaviya, Medirigiriya), Uva (Girandurukotte), Eastern Provinces (Dehiattakandiya). CKDu is also reported in North Western, Southern and Central provinces, and parts of the Northern Province of the island.

#### Hypothesized reasons for CKDu

- Cause of CKDu seems to be multifactorial.
- 1. Exposure to Heavy metal/ metaloid such as Arsenic (As) and Cadmium (Cd) through food and water.





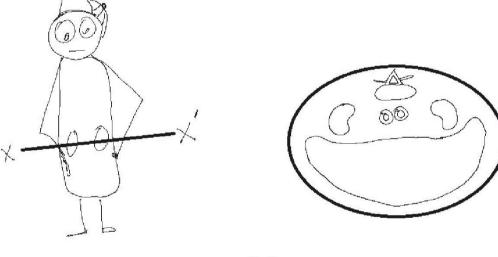


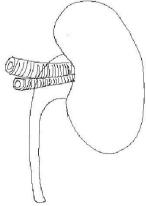


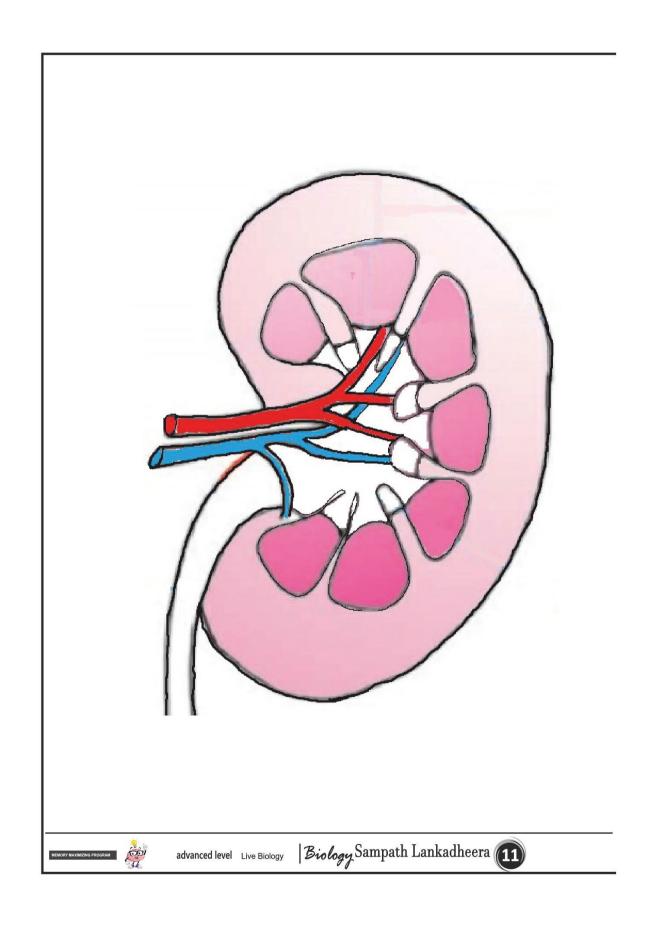
Part	Main Function
Kidney	Produce urine to excrete waste products while maintaining osmotic balance and acid base balance.
Ureter	Receives urine from kidney and send it to bladder
Urinary bladder	Temporary storage of the urine
Urethra	Provide the passage through which urine stored in bladder leaves the body

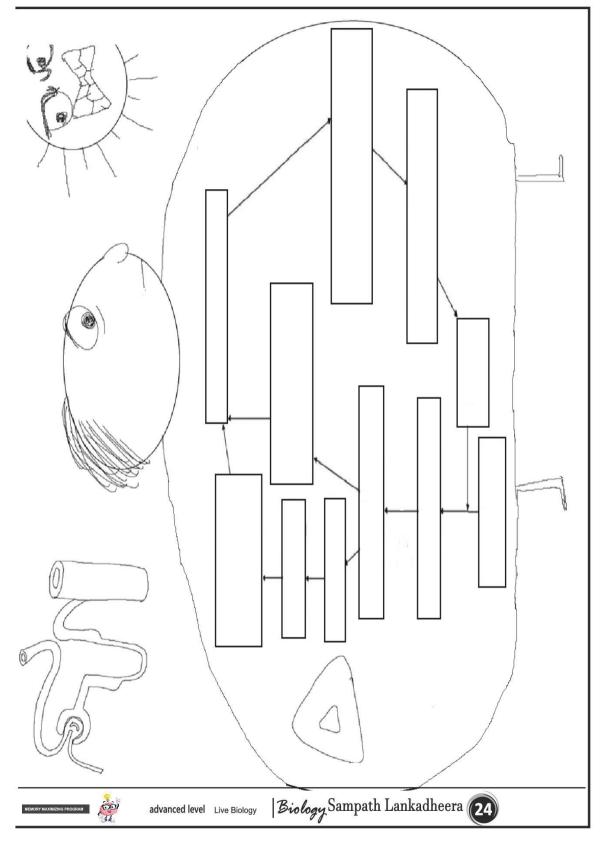
## Location of kidneys

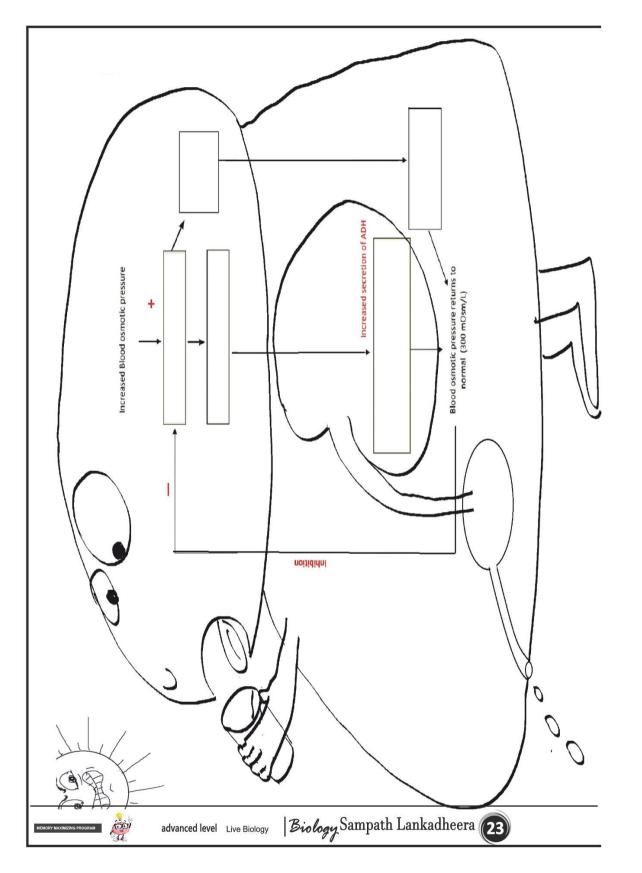
Two kidneys are located on the ...... abdominal wall one on either side of the ..... column, behind the ..... and below the ..... Right kidney is slightly ...... than the .....

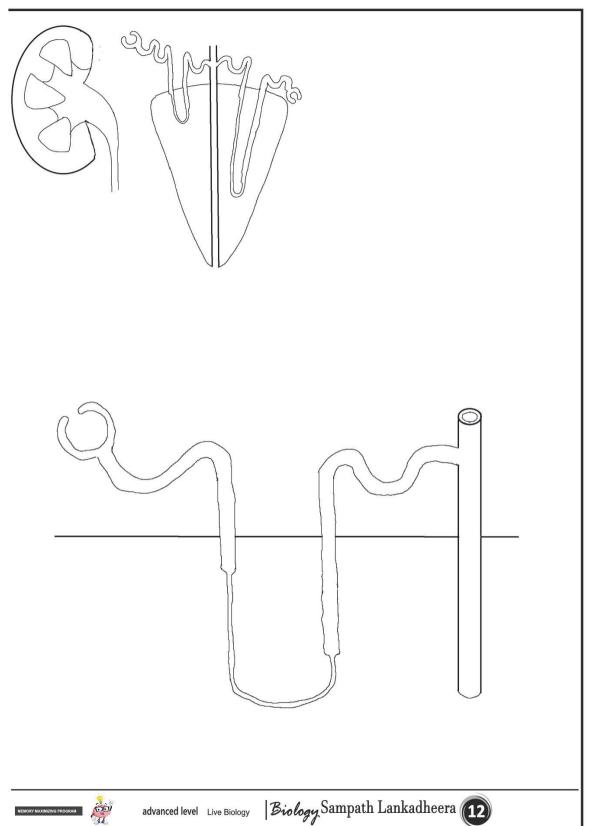












Structure of Nephron  Nephron is the structural and functional unit of the kidney. There are over millions of nep rons in each kidney. There are two types of nephrons; they are		inferior vena cava.
Structure of Nephron  Nephron is the structural and functional unit of the kidney. There are over millions of neprons in each kidney. There are two types of nephrons; they are	Gr	oss structure of the kidney
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Nephron is the structural and functional unit of the kidney. There are over millions of nephrons in each kidney. There are two types of nephrons; they are		
rons in each kidney. There are two types of nephrons; they are	Str	ructure of Nephron
(reach short distance to the medulla) and		
(extend deep into the medulla). Majority of the nephrons are conical nephrons.  A nephron is a		
A nephron is a		
forming capsule which surrounds a ball of capillaries called the		
		·-
glomerulus. The other end of the tubule joins with the collecting duct. Tubule consists of;		
	glo	merulus. The other end of the tubule joins with the collecting duct. Tubule consists of;
	•	
	•	
•	•	
	•	

At this site water reabsorption can also be increased under the influence of ADH and urine become more concentrated. Aldosterone hormone stimulates active reabsorption of Na<sup>+</sup> and passive reabsorption of water at the collecting duct. Because of the high urea concentration in the filtrate at this region some urea diffuses into the interstitial fluid. Final processing of the filtrate at the collecting duct forms the urine.

When producing dilute urine the kidney actively reabsorb salts without allowing water to be reabsorbed by osmosis.

#### Role of kidney in homeostasis

- Maintaining solute concentrations and water balance in the body fluids.
- Excretion of toxic waste products from the body.
- Regulating blood pH through acid base balance Controlling blood volume and blood pressure
- Secretion of erythropoeitein hormone that stimulates red blood cell production.
- Production and Secretion of renin an enzyme important in control of blood pressure.

# Bladder and kidney stones

These are formed due to precipitation of urinary constituents (usually oxalates and phosphates) normally in urine. They are also called renal calculi.

#### Causes include

- 1. Dehydration due to not drinking sufficient amount of fluids.
- 2. Alkaline nature of urine.
- 3. Infections that can alter pH of urine
- 4. Metabolic
- 5. Family history.

# Measures for prevention

· Drinking plenty of water

#### Kidney failure

This is due to the inability of the kidneys to function properly. Therefore waste products and excess fluid will be accumulated in the blood.

#### Reasons for kidney failure

Diabetes







Staghorn Stone

amino acids are transported to the fluid. Cells lining
the actively transport Na <sup>+</sup> into the fluid and this
transfer a charge out of the tubule drives the passive transport of Cl-,
Proximal tubule also reabsorbs and most of the; by passive
transport. Reabsorption of HCO <sub>3</sub> in the filtrate contributes to the pH balance in body fluids.
As solutes move from the filtrate to interstitial fluid is
by A major portion of water reabsorption from the
filtrate occurs at this site. As the filtrate pass through the
tubule, secretion of specific substances into the filtrate takes place. Cells lining the tubule
secrete (by active transport) and (by passive transport) into the
lumen of the tubule. Secreted ammonia act as a to trap $H^+$ forming $NH_3$ .
In addition some materials such as
metabolized in the liver are actively secreted into the lumen of the proximal convoluted
tubule. As a result of water reabsorption and secretion of different substances, the filtrate
becomes more concentrated as it passes through the convoluted tubule.

As the filtrate moves into the descending limb of loop of Henle passive reabsorption of water through osmosis continues and filtrate becomes more concentrated. The filtrate reaches the ascending limb of the loop of Henle via the tip of the loop. Ascending limb is impermeable to water so that no water reabsorption takes place but a considerable amount of NaCl reabsorption occurs at this site actively as well as passively. Most of the Na<sup>+</sup> is reabsorbed into the interstitial fluid by active transport. As a result of losing NaCl but not water the filtrate become more diluted as it moves towards the distal convoluted tubule.

The distal convoluted tubule plays an important role in regulating K<sup>+</sup> and Na<sup>+</sup> concentration of body fluids. The amount of Cl secreted (by active transport) into the filtrate and the amount of Na<sup>+</sup> (by active transport) reabsorbed from the filtrate can be varied at this site according to the needs of the body. Distal tubule also contributes to pH regulation by controlled secretion of H+ and reabsorption of HCO<sub>3</sub>. At the distal convoluted tubule passive water reabsorption can be increased under the influence of Antidiuretic hormone (ADH) to form concentrated urine. Aldosterone secreted by the adrenal gland stimulates increase reabsorption of Na+ and water and excretion of K<sup>+</sup>. This filtrate of the distal convoluted tubule finally leads to the collecting duct.

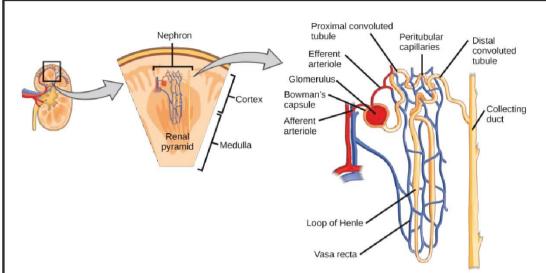
As the filtrate pass along the collecting duct filtrate become concentrated and urine is formed.





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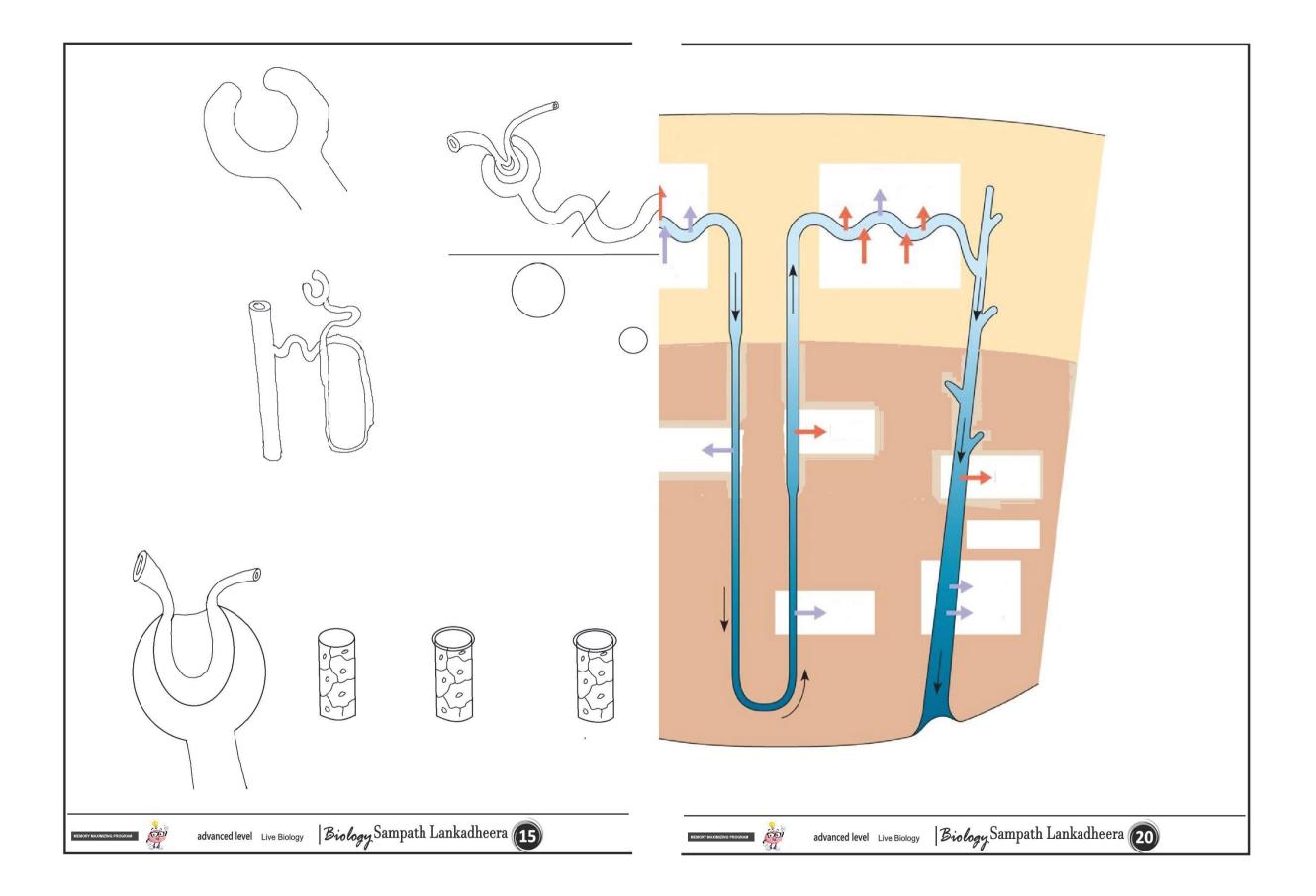


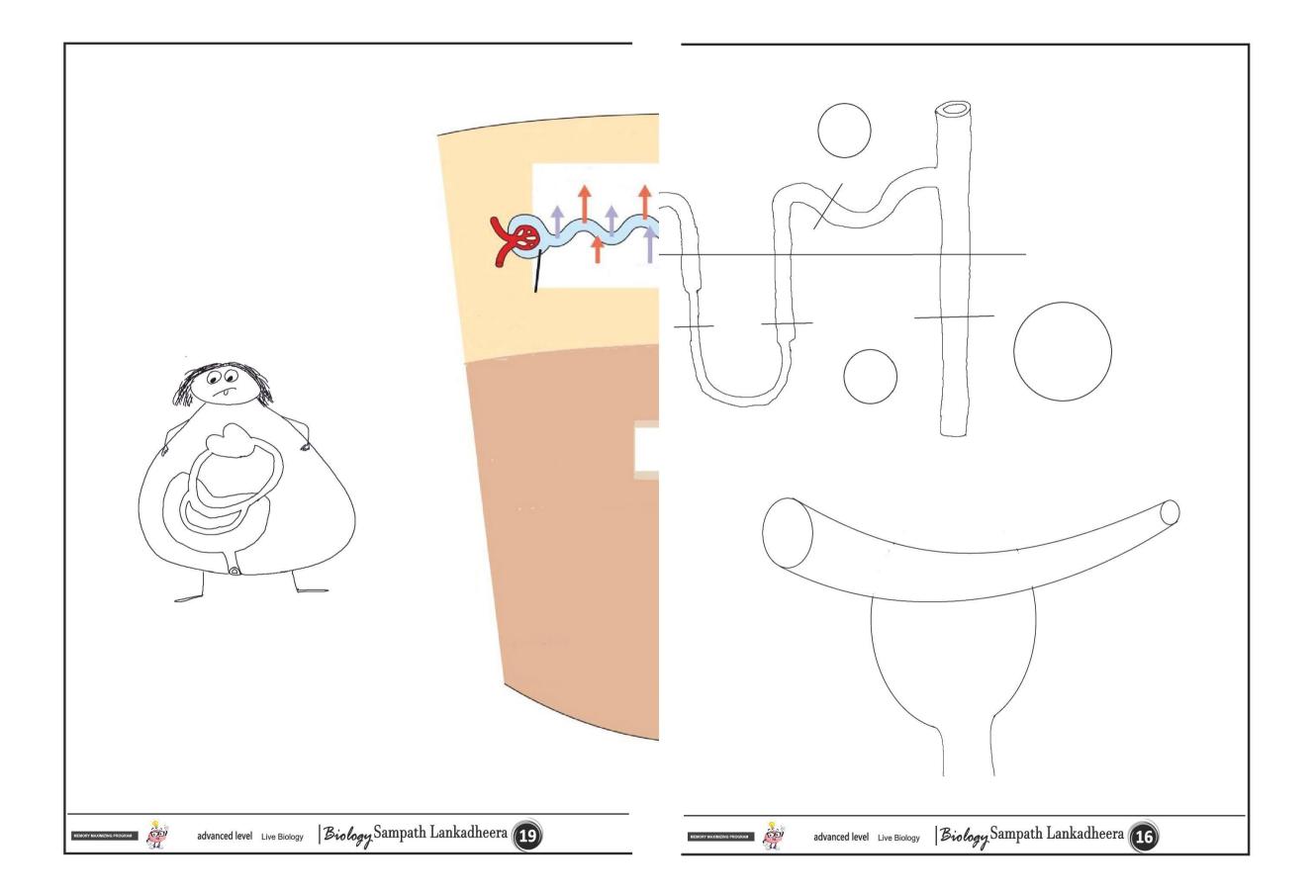
# Bowman's capsule (Glomerular capsule)

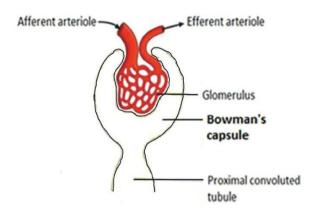
This is and	end of the	structure of the
It is a cup shap	ed and	structure. Inner
layer of Bowman's capsule cons	sists of a single layer of	epithelial cells
specialized for	Outer layer of the Bowman's cap	sule composed of sim-
ple epithelium.	Space between the inner and outer	layers is known as
whic	h is responsible for receiving of glo	merular filtrate. The
glomerular filtrate pass through	three major tubular regions of the n	ephron: proximal con-
voluted tubule, loop of Henle ar	nd distal convoluted tubule.	

#### Glomerulus

The glomerulus is a ...... of ...... which is surrounded by Bowman's capsule. The nephron is supplied with blood from the afferent arteriole. The blood vessel leaving away from the glomerulus is the ...... arteriole. The efferent arteriole has a smaller diameter than the ....................... arteriole. This modification is important for increasing blood ...... in the glomerulus for ...... The efferent arteriole form two capillary networks, one form the ...... capillaries which form the ....... which extend towards the medulla ...... the ..... of .....







#### Proximal convoluted tubule

It is comparatively and	than the	convoluted tubule
This is lined by simple	which has been	for selective
reabsorption of substances (nutrients, io	ons and water) from the glome	erular filtrate.

# **Loop of Henle**

It is a 'U' shaped part of the nephron with limb and
limb which are lined by simple epithelium. Lining of the descending limb of loop of Henle
is specialized for water as it allows movement of water.
But lining of the ascending limb of loop of Henle is impermeable to water

#### Distal convoluted tubule

It is lined by simple epithelium	n which has been	for
of specific	and	It leads into collecting duct.

# **Process of Urine formation**

#### Main steps in urine formation

The	re	are	3	processes	invo	lved	in	urine	formation.	They	are;

1.		•	•	•	•		•	•		•	•	•	•		•	•	•	•	•	•	•	•	•	•	•	•		•	•	•
2.	•	•													•		•	•		•	•				•	•	•		•	•
2																														

# **Ultra filtration**

- Filtration of the blood under high pressure into the cavity of the Bowmans' capsule is called ultrafiltration.
- Filtration occurs through the capillary walls of glomerulus and inner wall of Bowman's capsule.





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- Blood capillaries of glomerulus are porous and cells lining the Bowmans' capsule are specialized for filtration of small size molecules and ions. These specializations allow passage of water and small solutes through the blood capillary walls into the Bowman's capsule. But due to their large size, blood cells, platelets and large molecules such as plasma proteins do not pass into the Bowmans<sup>a</sup> capsule.
- The filtrate in the Bowmans' capsule contains, water, ions, amino acids, glucose. vitamins, nitrogenous wastes and other small molecules. The composition of the glomerular filtrate is similar in composition to plasma with exceptions of blood cells, platelets and plasma proteins.

# Selective reabsorption

- The process through which useful molecules, ions and water from the glomerular filtrate are recovered and returned to the interstitial fluid and then into capillary network of the tubules is called selective reabsorption.
- Most of the reabsorption from the glomerular filtrate back into the blood takes place in the convoluted tubule. Ions (Eg: Na+), water and valuable nutrients (eg: glucose, amino acids) are reabsorbed either active or passive transport from initial filtrate.

#### Secretion

- The process by which foreign materials and substances not required to the body including Waste are cleared from the peritubular capillaries and interstitial fluid into the filtrate is called secretion.
- Secretion is required because such substances may not be entirely filtered due to the short time they remain in the glomerulus.
- Substances that are secreted in to the filtrate include H<sup>+</sup>, NH<sub>3</sub>, creatinine, drugs (e.g. penicillin, aspirin) and excess K<sup>+</sup>. Tubular secretion of H<sup>+</sup> and NH<sub>3</sub> are important to maintain the normal pH in the blood by formation of NH<sub>4</sub><sup>+</sup> in the urine. NH<sub>3</sub> can combine with H<sup>+</sup> to form NH<sub>4</sub><sup>+</sup>
- Secretion occurs in the proximal and distal convoluted tubules. Secretion may be either active or passive depending on the location and / or the substance.

Glomerular filtrate in the Bowm	ans' capsule which contains all t	he substances in the blood
except,	and	pass
to the convolu	ated tubule. At this region	reabsorption of
(eg. Na <sup>+</sup> ), a	and	(eg. glucose and
amino acids) from the	filtrate occurs. Nutrients	especially glucose and



